



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

10am - 12pm

One-to-one session with**Alison**

Room 3

FREE**Everyday English**

Pre-intermediate

Room 2

Taught by

Jade**Cooking Beginners**

Learn basic cooking skills

Kitchen

Taught by

Salma**Employability Skills**

6 Weeks course

Room 3

Taught by **Alison****£2 per session****NPA Childcare**

9.30am

(Sept - June)

This class now full

only waiting list-

Room 4

Taught by **Anne-Marie****£25 each term****Everyday English**

Elementary

Room 2

Taught by

Jade**FREE****Walking Group**

10:30 - 12:00

Meet at centre

Led by

Joyce**FREE****IT Beginners**

skills for work

Room 3

Taught by

Alison**£2****Everyday English**

Beginners

Room 2

Taught by

Jade**FREE****Cooking**

Share your own recipes

Taught by

Salma**£2****Beauty Class**

Room 4

Everything you need for beauty career

+free products

Taught by **Afsha****£2****English****FREE****Upper Elementary plus**

Room 2

Taught by

Jade**College English**

Beginners

Taught by

Elisa**£2****Toddler +1****FREE**

Adult and Toddler group

10am - 11.30am

with Anica & Hafsha

**Breathe & Bloom**

10:30 - 12:30

Room 2

Taught by

Joyce**£2**

Available for children up to 16

1 free play session a day if not in classes

Contact Javairia on

07563197374 for

availability

1pm - 3pm

Sewing**£2**Beginners -Room 4
(6 weeks block paid in adv)

Booking essential

Taught by

Salma**Job Search****£2**

Help with your CV, application forms, and more

Room 3

Taught by

Alison**Yoga****£2**

With Yoga on Tay

Book at Reception

Room 2

1.30pm - 2.30pm

Taught by

Frances**Tuesdays**

Lunch Club 12.30 - 1pm

Meal : £3.50**Kids : £1****College English**

Pre-Intermediate

12.30pm-3pm

£2

Room 2

Taught by

Albina**French - Room 4****£2**

Conversation at Elementary / Pre-Intermediate level

Taught by

Jade**Together to Thrive****£2**

Parenting Workshop

Room 3

Contact Salma for more information

**College English**

Elementary - Room 4

12.30pm 3pm

£2

Taught by

Amanda**English for Life**

Project based conversation

Intermediate

Room 3

Taught by **Jade****FREE****Art - Communal**

Art projects for all levels

Drop in

£2Taught by **Ele****Wellbeing Circle**

1:00 - 2:30

Room 2

Taught by **Joyce****£2****Women of Dundee****£2**

Art, Filming trips

& Stories - Room 4

With

Asma**Flourish**

Mums Support Group

Creche Area

Taught by

Salma**£2**For up to date information visit our website and Social Media pages
Class info and rules**Class Info**