



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

10am - 12pm

**One-to-one session with Alison**

Room 3

**FREE****Everyday English**

Pre-intermediate

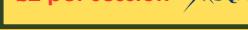
Room 2  
Taught by Jade**Cooking Beginners**

Learn basic cooking skills

Kitchen  
Taught by Salma**Employability Skills**

6 Weeks course

Room 3

Taught by Alison  
£2 per session**NPA Childcare**

9.30am

(Sept - June)

This class now full

only waiting list-

Room 4

Taught by Anne-Marie

**£25 each term****Everyday English**

Elementary

Room 2

Taught by Jade

**Walking Group**

10:30 - 12:00

Meet at centre

Led by Joyce

**Sewing****£2**Beginners -Room 4  
(6 weeks block paid in adv)Booking essential  
Taught by Salma**Tuesdays**  
Lunch Club 12.30 - 1pm

Meal : £3.50

Kids : £1

**College English**

Pre-Intermediate

12.30pm-3pm

Room 2

Taught by Albina

**French - Room 4**

Conversation at Elementary / Pre-Intermediate level

Taught by Jade

**Job Search****£2**

Help with your CV, application forms, and more

Room 3  
Taught by Alison**Yoga****£2**With Yoga on Tay  
Book at ReceptionRoom 2  
1.30pm - 2.30pm  
Taught by Frances**IT Beginners**

skills for work

Room 3

Taught by Alison

**£2****Everyday English**

Beginners

Room 2

Taught by Jade

**FREE****Cooking**

Share your own recipes

Taught by Salma

**£2****Beauty Class**

Room 4

Everything you need for beauty career  
+free products

Taught by Afsha

**£2****English Upper Elementary plus**

Room 2

Taught by Jade

**FREE****College English**

Beginners

Room 2

Taught by Elisa

**£2****Toddler +1****FREE**Adult and Toddler group  
10am - 11.30am

with Anica &amp; Hafsha

**Breathe & Bloom**

10:30 - 12:30

Room 2

Taught by Joyce



Available for children up to 16

1 free play session a day if not in classes

Contact Javairia on 07563197374 for availability

1pm - 3pm

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**Sewing****£2**Beginners -Room 4  
(6 weeks block paid in adv)Booking essential  
Taught by Salma**Lunch Club**

12.30 - 1pm

Meal : £3.50

Kids : £1

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Pre-Intermediate

12.30pm-3pm

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**French - Room 4**

Conversation at Elementary / Pre-Intermediate level

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**Job Search****£2**

Help with your CV, application forms, and more

Room 3  
Taught by Alison**Yoga****£2**With Yoga on Tay  
Book at ReceptionRoom 2  
1.30pm - 2.30pm  
Taught by Frances**Together to Thrive**

Parenting Workshop

Room 3

Contact Salma for more information

**College English**

Elementary - Room 4

12.30pm 3pm

Taught by Amanda

**£2****English for Life**

Project based conversation

Intermediate

Room 3

Taught by Jade

**FREE****Art - Communal**

Art projects for all levels

Drop in

Taught by Ele

**£2****Wellbeing Circle**

1:00 - 2:30

Room 2

Taught by Joyce

**£2****Women of Dundee**

Art, Filming trips

&amp; Stories - Room 4

With Asma

**£2**

For up to date information visit our website and Social Media pages

Class info and rules



Class Info



Social Media



Social Media



Social Media