



MONDAY

10am - 12pm

**Everyday English**  
Pre-intermediate  
Room 2  
Taught by Jade

**Cooking Beginners**  
Learn basic cooking skills  
Kitchen  
Taught by Salma

**FUN-Raising**  
Gather ideas and plan events  
Room 3  
Led by Alison

TUESDAY

**Employability Skills**  
6 Weeks course  
Room 3  
Taught by Alison  
£2 per session

**NPA Childcare**  
9.30am (Sept - June)  
This class now full  
only waiting list-  
Room 4  
Taught by Anne-Marie

**Everyday English** **FREE**  
Elementary  
Room 2  
Taught by Jade

**Walking Group**  
10:30 - 12:00  
Meet at centre  
Led by Joyce **FREE**

WEDNESDAY

**IT Beginners** **£2**  
skills for work  
Room 3  
Taught by Alison

**Everyday English**  
Beginners  
Room 2  
Taught by Jade **FREE**

**Cooking** **£2**  
Share your own recipes  
Taught by Salma

THURSDAY

**English Upper Elementary plus** **FREE**  
Room 2  
Taught by Jade

**College English Beginners** **£2**  
Taught by Elisa

FRIDAY

**Toddler +1** **FREE**  
Adult and Toddler group  
10am - 11.30am  
with Anica & Hafsha

**Breathe & Bloom**  
10:30 - 12:30 **£2**  
Room 2  
Taught by Joyce  
Booking essential



Available for children up to 16

1 free play session a day if not in classes

Contact Creche on 07563197374 for availability

1pm - 3pm

**Sewing** **£2**  
Beginners - Room 4  
Taught by Salma

**Job Search** **£2**  
Help with your CV, application forms, and more  
Room 3  
Taught by Alison

**Yoga** **£2**  
With Yoga on Tay  
Book at Reception  
Room 2  
1.30pm - 2.30pm  
Taught by Frances

**Tuesdays**  
Lunch Club 12.30 - 1pm  
Meal : £3.50  
Kids : £1

**College English**  
Pre-Intermediate  
12.30pm-3pm **£2**  
Room 2  
Taught by Albina

**French - Room 4** **£2**  
Conversation at Elementary / Pre-Intermediate level  
Taught by Jade

**Together to Thrive** **£2**  
Parenting Workshop  
Room 3  
Contact Salma for more information

**College English**  
Elementary - Room 4  
12.30pm 3pm **£2**  
Taught by Amanda

**Everyday English** **FREE**  
Intermediate  
Room 3  
Taught by Jade

**Wellbeing Circle**  
1:00 - 2:30 **£2**  
Room 2  
Taught by Joyce

**1-to-1 session with Alison** **FREE**  
Quiet room **FREE**  
Booking essential

**Women of Dundee** **£2**  
Art, Filming trips & Stories - Room 4  
With Asma

**Flourish**  
Mums Support Group  
Crèche Area **£2**  
Taught by Salma

For up to date information visit our website and Social Media pages  
Class info and rules



Class Info

