



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

10am - 12pm

Everyday English

Pre-intermediate
Room 2
Taught by Jade

**Cooking Beginners**

Learn basic cooking skills
Kitchen
Taught by Salma

**FUN-Raising**

Gather ideas and plan events
Room 3
Led by Alison

Employability Skills

6 Weeks course
Room 3
Taught by Alison
£2 per session

**NPA Childcare**

9.30am
(Sept - June) £25 each term
This class now full only waiting list-
Room 4
Taught by Anne-Marie

**Everyday English**

Elementary
Room 2
Taught by Jade

**Walking Group**

10:30 - 12:00
Meet at centre
Led by Joyce

**IT Beginners**

skills for work
Room 3
Taught by Alison

**Everyday English**

Beginners
Room 2
Taught by Jade

**Cooking**

Share your own recipes
Taught by Salma

**English Upper Elementary plus**

Room 2
Taught by Jade

**College English Beginners**

Taught by Elisa

**Toddler +1**

Adult and Toddler group
10am - 11.30am
with Anica & Hafsha

**Breathe & Bloom**

10:30 - 12:30 £2
Room 2
Taught by Joyce



Booking essential



Available for children up to 16

1 free play session a day if not in classes

Contact Creche on 07563197374 for availability

1pm - 3pm

Sewing

Beginners -Room 4
Taught by Salma

**Job Search**

Help with your CV, application forms, and more
Room 3
Taught by Alison

**Yoga**

With Yoga on Tay
Book at Reception
Room 2
1.30pm - 2.30pm
Taught by Frances

**Tuesdays Lunch Club**

12.30 - 1pm
Meal : £3.50
Kids : £1

College English

Pre-Intermediate
12.30pm-3pm £2
Room 2
Taught by Albina

**French - Room 4**

Conversation at Elementary / Pre-Intermediate level
Taught by Jade

**Together to Thrive**

Parenting Workshop
Room 3
Contact Salma for more information

**College English**

Elementary - Room 4
12.30pm 3pm £2
Taught by Amanda

**Everyday English**

Intermediate
Room 3
Taught by Jade

**Wellbeing Circle**

1:00 - 2:30 £2
Room 2
Taught by Joyce

1-to-1 session with Alison

Quiet room
Booking essential

Women of Dundee

Art, Filming trips & Stories - Room 4
With Asma

**Flourish**

Mums Support Group
Creche Area
Taught by Salma



For up to date information visit our website and Social Media pages
Class info and rules



Class Info

