

TEMPORARY TIMETABLE - 2026

MON

TUES

WED

THUR

FRI

9.45am - 11.45am

English

High Beginners



Taught by
Amandine

Fleming Gardens

Together to Thrive

A parenting programme for parents and carers of children aged 5-11



Purple Shop

English

Low Elementary



Taught by
Amandine

Fleming Gardens

Success to Work Childcare



Taught by
Alison



Barnardos

NPA Childcare

9.30am - 12pm

(Sept - June)



Abertay Lounge

English

Foundation



Taught by
Amandine

Arthurstone

Success to Work Childcare



Taught by
Alison



Barnardos

Flourish

Interactive group for mums and children aged 0-5 years, offering play-based activities



Arthurstone

English

Low Beginners



Taught by
Amandine



Abertay Lounge

Conversation Cafe

Multi Level



Arthurstone

Mental Health Course



10:30am - 12:00pm



Barnados

Toddler +1

Adult and Toddler group

10am - 11.30am



Arthurstone

Stobswell Drop In

Hosted by Chloe and Eilidh (CAB)



Arthurstone

Breath and Bloom



Breathwork and Meditation Sessions

25 Sept, 2 & 9 Oct



Shore Terrace

12.45pm - 2.45pm

Walking Group

10:30 - 12:00

Meet at Purple Shop



Led by
Joyce

French

Everyday Communication



Abertay Lounge

1-1 Session

With Joyce

1-1 Session

With Alison



Purple Shop

Wellbeing Circle



1:00 - 2:30pm

Starting 30th

September



Shore Terrace

9th, 23rd, 30th Sept
7th Oct

Mellow Bumps

Support for mums-to-be and new mums.



Purple Shop

ADDRESSES

Fleming Gardens
South, Sheltered
Housing

Stobswell Connect
(or Purple Shop), 170
Albert Street,
Dundee, DD4 6QW

Arthurstone Library,
5 Arthurstone
Terrace, DD4 6RT

Shore Terrace
1 Shore Terrace,
Dundee DD1 3AH

Abertay Lounge
57 Dykehead Pl,
Dundee DD4 6TJ

Barnardos Polepark
3 Fleuchar street,
Dundee DD2 2 LQ.



Dundee International Women's Centre

Charity Reg. No. SCO14949