





# A Message from the Chair

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Where are we from?

As we reflect on the past year I am filled with immense pride and gratitude for the achievements we have accomplished together. This year has been a time of growth, resilience, and renewed commitment to our mission of empowering women from all backgrounds.

This year, we have seen the Centre flourish under new leadership, with Kristina completing her first full year as Manager. Her dedication, energy, and vision have invigorated our team, helping us to enhance our services and extend our impact within the community. Together with our committed staff, volunteers, and partners, DIWC continues to be a welcoming and inclusive space where women feel supported to learn, connect, and thrive.

One of our significant achievements this year was redefining our values through a collaborative process involving our learners, staff, and volunteers. This inclusive approach ensured that our new values truly reflect the heart of our organisation.

Our work has never been more essential as we continue to navigate the challenges of the cost-of-living crisis and its impact on our members. Yet, despite these difficulties, we have been able to introduce new programs, expand our reach, and provide vital support to women and families facing barriers in our community. The success of our projects are testaments to the dedication of our team and the resilience of the women we serve.

As we move forward, we remain focused on responding to the needs of our community, ensuring that every woman who comes through our doors is met with kindness, respect, and opportunities for growth. I am deeply grateful to our staff, volunteers, partners, and funders for their unwavering support. Without you, none of this would be possible.

Thank you for your continued belief in DIWC and our mission. Together, we are creating a brighter, more inclusive future for women in Dundee.

# A Message from the Manager



This year marks my first full year as the Manager at Dundee International Women's Centre, and I am truly proud of what we have achieved together as a team. The past year has been a period of growth, adaptation, and impact as we continued to support women in Dundee, particularly during a time when so many are facing financial challenges and social isolation due to the Cost-of-Living Crisis.

One of our key accomplishments this year was a collaborative effort to redefine the centre's values. This process was undertaken with the input of our learners, volunteers, and staff, ensuring that our values truly reflect the heart of our community. I am so pleased to share our new values: trust, respect, support, equality, and approachability. These values now guide everything we do, ensuring that DIWC remains a welcoming and empowering space for all.

Our Rise & Shine Creche has been a lifeline for many mothers, allowing 137 members to register their children so they could attend classes at the centre. The creche has not only provided a safe and nurturing environment for 66 children whose mothers were participating in our programs but has also welcomed 50 individuals from the wider community. The feedback we received from parents highlighted that having access to such a supportive service has made a significant difference to their wellbeing, providing them with much-needed space to learn, connect, and grow.

In response to the needs of our community, we

introduced several new classes, such as Life in the UK, Everyday Numbers, Toddler Plus 1, Success to Work, and Conversational Arabic. These new offerings have helped members gain essential skills, confidence, and knowledge to integrate better into the local community and prepare for employment.

Our Respected, Equal, and Safe project continued to make strides in raising awareness about genderbased violence. This year, we successfully educated members about the distinction between coercive or violent behaviours and cultural practices.

The Connecting Cultures project also gained momentum, equipping various organisations with the tools to address issues of racism, hate crime, and misinformation. Through this project, we were able to foster meaningful conversations, encourage commonality, and help break down harmful stereotypes.

Our Parenting Programme, which incorporated the Solihull Approach, saw 16 women complete the training, with many participants moving on to further education, volunteering, or finding employment. Additionally, several members successfully passed the Life in the UK Test, which is a testament to the hard work and dedication of both our learners and staff.

This year has been incredibly rewarding, and I am grateful for the commitment of our staff, volunteers, and the broader community who support DIWC. Together, we are creating a more inclusive and supportive environment where women can thrive. I look forward to building on this success in the coming year as we continue to empower women and families in Dundee.

Thank you for your continued support.













A sense of community, support, and safety that can't be found anywhere else!

# **Our Classes and** Groups

DUNDEE ESOI

**English for Speakers** of Other Languages



learners attended our

Everyday English classes.



We offer 5 levels of English classes from complete beginners to Intermediate, and we are also partnered with Dundee

& Angus College to offer English classes with a view to attending college in the future.





Sewing

Cooking Art French Friendship **Flourish Arabic** French

learners attended classes to improve their mental and physical wellbeing.

**NPA Childcare** Job Search Success to Work



women achieved an SQA Qualification (Level 4 or 5)



I gained more knowledge, skills, and self confidence ... Now I got a job in a nursery ... DIWC is the best place to learn skills, to improve language skills, to gain self confidence as well.

We support women to get into employment through classes, arranging placements, and offering volunteering opportunities in the centre.

# 42%

members registered their children in the creche in order to attend classes at the centre

## Rise & Shine Creche



In 1 month...

124 children used the creche while their mother was in a class

> The creche was used by 58 people from the community (non-members)

Play sessions allow me to...

- · Go running and enjoy my coffee
- Do my shopping
- Do my driving lessons
- Meet my friends
- Help my husband in the shop

It helps me with my wellbeing because the creche are supportive to me, especially because I don't have family in Dundee.

**66** Through Rise & Shine I become very happy with myself, and I don't feel depressed because I have a safe place for my child.





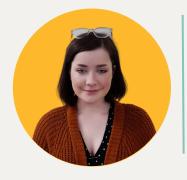


- Life in the UK
- Everyday Numbers
- Toddler Plus 1
- Success to Work
- Conversational Arabic



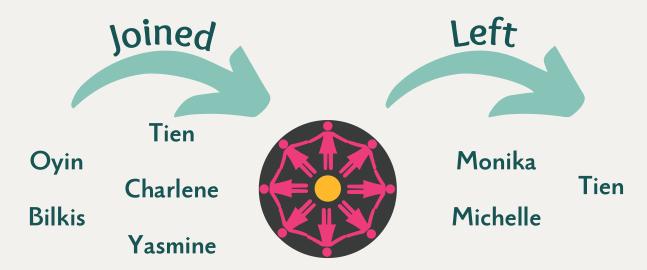


Ana joined the team as our Cost of Living Project Worker. She has been a great addition to the centre, supporting learners and building relationships with other organisations.

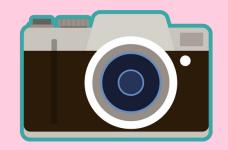


Chloe moved from leading the Respected Equal and Safe project to the new Stobswell West Project, working closely with the DCC empowerment Team and Stobswell Forum to support families in the Stobswell area.

# Board Members who...



# A Year in Pictures



























The Respected, Equal and Safe project aims to raise awareness for members and the wider community about how to combat violence against women and girls, what support is available, and how to recognise the difference between coercive or violent behaviour and cultural practises.

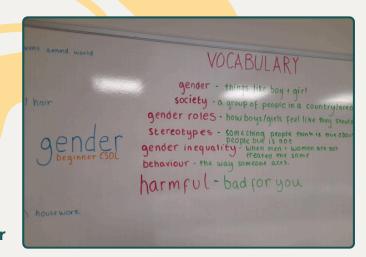
people attended the 16 Days of Activism Art Gallery



learners changed their mind to understand

that husbands could be sexually violent towards their wife

Respected, Equal, and Safe



104 learners attended a workshop

# **Connecting Cultures**

Connecting Cultures is a project which provides resources and training to organisations and communities regarding topics like culture and diversity, with a view to tackle and reduce racism, hate crime, and misinformation.



about encouraging people to find commonality is a great way to start to break down prejudice and stereotypes among students.

participants in training or workshops

# A Year in Numbers

went on to other learning



gained SQA Numeracy with Lead Scotland





volunteering



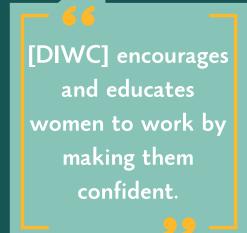


completed the Solihull

found work

Parenting Programme

achieved the SQA Employability Award Level 4



# **Cost of Living**





With funding from the National Lottery Ana has been running the Cost of Living Project since October. She has supported our learners through the cost of living crisis by informing them of available help, their entitlements, and empowering them to seek aid from other organisations.



# Stobswell West

residents live in

Stobswell West

















#### **Housing Drop-In** Session

-

.....

**Tuesday 12th December** 10am-12pm

Ask questions and get support from a Dundee City Council Lettings Officer

If you need support with your appointment contact ana.corrales@diwc.co.uk

Unit 9B, Manhattan Works undonald Street, Dundee DD3 7PY



I don't usually dare asking questions. I don't really know what to ask when people have stalls in the community area even if I am very interested in this topic [energy saving] so I am happy we had this presentation today. I learnt new things and then I felt confident enough to ask my questions.









- Scotmid
- Dundee CRF
- Scottish Government
- Dundee Partnership
- Northwood
- Robertson Trust
- Women's Fund
- Cattanach
- DCC Equalities Fund
- DCC Common Good Fund
- DCC Stobswell West
- Hillcrest
- Maple Trust
- Women's Fund
- Nine Trades
- National Lottery Community Fund

# **Funders**

### **Partners**

- Bloom
- D&A College
- How It Felt
- Scrap Antics
- Police
- Dundee Biker Toy Run
- Togs for Tots



When I first came I suffered anxiety.

Now I'm less anxious, at least about coming to the groups. I now mix with people and everyone is so friendly.

I'm so glad I found this place. You don't realise just how much you've done for me.



# **THANK YOU**

12 volunteers

25 staff

members of the Board

328
members

